

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	BodySlim 10.00-11.00 (Gaby)	Zumba® fitness 10.00-11.00 (Vanesa&Gaby)				Beach Body Fitness 10.00-11.00 (Gaby)
	Zumba® Gold 13:30-14:30 (Gaby)					
	Stretch & Relax 15.00-16.00 (Sybille)	Klassisches Ballett für Kinder 3-6 Jahre 15.00-15.45 (Sybille&Gaby)		Zumba® Kids jr. 3-6 Jahre 14.30-15.15 (Gaby)	Cheerleading 14.00-15.00 (Regina)	Sixpack Attack 11.00-12.00 (Gaby)
Hip Hop Dance Class 15.45-16.45 (Gaby)	Cheerleading Kids 8-12 Jahre 16.00-17.00 (Sybille&Gaby)	Hip Hop Special Teens 16.00-17.00 ()	Zumba® Kids 7-11 Jahre 16.00-17.00 (Gaby)	Zumba® Kids 7-11 Jahre 15.30-16.30 (Gaby)		
Show Dance Company ab 14 Jahre 16.45-17.45 (Gaby)	Power Jump Bodyworkout mit dem Minitrampolin 17.30-18.30 (Gaby)	Street Style Fortgeschrittene 17.00-18.00 ()	Teen Fitness 17.00-18.00 (Gaby)	Videoclip Dance Kids 16.30-17.30 (Gaby)		
Hot Iron 17.45-18.45 (Thomas)	Body Shape 18.30-19.30 (Monika)	Slide & Glide 18.00-19.00 (Gaby)	Bauch-Beine-Po 18.00-19.00 (Gaby)	Bollywood-Dance 18.00-19.00 (Gaby)		
Zumba® fitness 19.00-20.00 (Miriam)	ab Mrz. Jazz-Dance für Erwachsene 19.30-20.30 (Sybille&Gaby)	BodySlim 19.00-20.00 (Sybille&Gaby)	Zumba® fitness 19.00-20.00 (Carole)	Pilates 19.00-20.00 (Gaby)		
Rücken akut Workout 20.00-21.00 (Gaby)		Stepp Intense 20.00-21.00 (Yvonne)	Barre-Fitness 20.00-21.00 (Sybille&Gaby)			
			Gesellschaftstanz 21.00-22.00 (Patrick)			